

**INDIVIDUAL RESULTS - Senior Men**

**10km**

**7 Şubat 2016 12:50**

Rank	BIB	Name	Country/Club	Date of Birth	Time
1	328	Karayel Bekir	TUR / İstanbul BBSK	10/05/1982	32:33
2	310	El Goumri Othmane	FRA / Alès Cévennes Athlétisme	28/05/1992	32:57
3	308	Courcieres Romain	FRA / Alès Cévennes Athlétisme	23/03/1987	33:01
4	327	Günen Vedat	TUR / İstanbul BBSK	15/08/1989	33:07
5	311	Ben Lkhainouch El Hassane	FRA / Alès Cévennes Athlétisme	01/06/1981	33:16
6	321	Persen Asbjørn Ellefsen	NOR / IK Tjalve	19/05/1987	33:20
7	309	Guimard Freddy	FRA / Alès Cévennes Athlétisme	26/12/1986	33:24
8	320	Fløystad Hans Kristian	NOR / IK Tjalve	03/04/1989	33:31
9	322	Pedersen Erik Udø	NOR / IK Tjalve	09/04/1994	33:35
10	304	Pérez Juan	ESP / A.D. Marathon	06/11/1988	33:43
11	330	Bayram Muzaffer	TUR / İstanbul BBSK	11/11/1990	33:47
12	302	Benabbou Houssane Eddine	ESP / A.D. Marathon	25/05/1993	33:50
13	363	Ribas Ricardo	POR / Sport Lisboa e Benfica	08/10/1977	33:58
14	307	Ait Hadi Youness	ESP / A.D. Marathon	01/02/1984	34:04
15	329	Günen Sedat	TUR / İstanbul BBSK	20/09/1988	34:08
16	313	Zoubaa Khalid	FRA / Alès Cévennes Athlétisme	27/04/1977	34:14
17	312	Ezzobayry Ahmed	FRA / Alès Cévennes Athlétisme	01/01/1978	34:17
18	366	Costa Filipe Tiago	POR / Sport Lisboa e Benfica	03/03/1988	34:26
19	365	Pinto Rui	POR / Sport Lisboa e Benfica	18/11/1992	34:31
20	323	Løken Snorre Holtan	NOR / IK Tjalve	25/10/1994	34:32
21	349	Sidenstein Tim-Arne	GER / SG Wenden	17/06/1989	34:32
22	371	Olejníček Lukáš	CZE / VSK Univerzita Brno	17/06/1988	34:33
23	367	Paulo Alberto	POR / Sport Lisboa e Benfica	03/10/1985	34:35
24	334	Kyburz Andreas	SUI / LG Regio Basel	05/05/1988	34:35
25	375	Lewis Timmins	GBR / Morpeth AC	17/07/1987	34:38
26	326	Ulus Cihat	TUR / İstanbul BBSK	01/02/1990	34:41
27	340	Avery Carl	GBR / Morpeth AC	28/08/1986	34:43
28	303	Tamayo Diego	ESP / A.D. Marathon	06/12/1983	34:57
29	352	Huckestein Simon	GER / SG Wenden	05/11/1985	35:04
30	339	Whitwam Adrian	GBR / Morpeth AC	25/11/1975	35:06
31	301	Mirabel Mario	ESP / A.D. Marathon	23/09/1991	35:11
32	351	Schäfer Nils	GER / SG Wenden	01/01/1990	35:16
33	316	Groben Pascal	LUX / CAB	25/11/1977	35:21
34	355	Biele Christian	GER / SG Wenden	26/04/1983	35:27
35	341	Straughan Thomas	GBR / Morpeth AC	08/11/1987	35:31
36	350	Daub Sven	GER / SG Wenden	18/02/1981	35:41
37	338	Floyd Ross	GBR / Morpeth AC	15/01/1988	36:03
38	305	Ronco Ángel	ESP / A.D. Marathon	07/03/1993	36:41
39	337	Hancox Sam	GBR / Morpeth AC	29/03/1995	36:41
40	332	Ruder Ludwig	SUI / LG Regio Basel	19/03/1991	36:46
41	370	Míč Robert	CZE / VSK Univerzita Brno	30/01/1992	36:51
42	315	Nothum Vincent	LUX / CAB	26/04/1978	36:52
43	353	Giese Marco	GER / SG Wenden	19/06/1992	37:02
44	318	Lieners Yannick	LUX / CAB	03/03/1988	37:14

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Rank	BIB	Name	Country/Club	Date of Birth	Time
45	333	Roditscheff Nicolas	SUI / LG Regio Basel	26/10/1984	37:18
46	374	Rosa Ondřej	CZE / VSK Univerzita Brno	08/02/1988	37:49
47	373	Novotný Ondřej	CZE / VSK Univerzita Brno	08/11/1992	38:04
48	336	Zähringer Kai	SUI / LG Regio Basel	19/12/1991	39:09
49	369	Kotyza Petr	CZE / VSK Univerzita Brno	01/07/1970	39:54
50	319	Miller Joé	LUX / CAB	29/12/1989	40:06
51	317	Alexander Frazer	LUX / CAB	13/05/1981	40:54
52	368	Barata Samuel	POR / Sport Lisboa e Benfica	19/07/1993	DNF
53	364	Silva Rui Pedro	POR / Sport Lisboa e Benfica	06/05/1981	DNF



# European Champion Clubs Cup Cross Country

Kastamonu (TUR) - 07 FEB 2016

## Teams Results - Senior Men

Pos	Bib	Name	YOB	Lap1	Lap2	Lap3	Lap4	Lap5	Lap6	Time
1 Club: FRA / Alès Cévennes Athlétisme Result: 17 Rank: 1										
2	310	Othmane El Goumri	1992	03:12	08:00	12:51	17:52	22:51	27:53	32:57
3	308	Romain Courcieres	1987	03:09	08:00	12:53	17:53	22:52	27:55	33:01
5	311	El Hassane Ben Lkhainouch	1981	03:15	08:12	13:10	18:11	23:13	28:14	33:16
7	309	Freddy Guimard	1986	03:14	08:14	13:09	18:11	23:14	28:18	33:24
(16)	313	Khalid Zoubaa	1977	03:21	08:26	13:31	18:41	23:51	29:08	34:14
(17)	312	Ahmed Ezzobayry	1978	03:18	08:23	13:40	18:48	23:55	29:02	34:17
2 Club: TUR / İstanbul BBSK Result: 31 Rank: 2										
1	328	Bekir Karayel	1982	03:08	07:54	12:46	17:39	22:36	27:35	32:33
4	327	Vedat Günen	1989	03:11	08:03	12:59	17:58	23:03	28:06	33:07
11	330	Muzaffer Bayram	1990	03:13	08:12	13:13	18:21	23:29	28:37	33:47
15	329	Sedat Günen	1988	03:10	08:10	13:15	18:24	23:33	28:52	34:08
(26)	326	Cihat Ulus	1990	03:16	08:13	13:17	18:25	23:39	29:05	34:41
3 Club: NOR / IK Tjalve Result: 43 Rank: 3										
6	321	Asbjørn Ellefsen Persen	1987	03:18	08:14	13:09	18:10	23:12	28:12	33:20
8	320	Hans Kristian Fløystad	1989	03:16	08:14	13:13	18:18	23:21	28:25	33:31
9	322	Erik Udø Pedersen	1994	03:25	08:27	13:30	18:33	23:36	28:41	33:35
20	323	Snorre Holtan Løken	1994	03:25	08:28	13:49	19:02	24:14	29:25	34:32
4 Club: ESP / A.D. Marathon Result: 64 Rank: 4										
10	304	Juan Pérez	1988	03:13	08:10	13:16	18:18	23:26	28:40	33:43
12	302	Houssane Eddine Benabbou	1993	03:16	08:10	13:10	18:14	23:27	28:38	33:50
14	307	Youness Ait Hadi	1984	03:16	08:13	13:15	18:23	23:33	28:43	34:04
28	303	Diego Tamayo	1983	03:20	08:21	13:32	18:50	24:12	29:33	34:57
(31)	301	Mario Mirabel	1991	03:17	08:16	13:28	18:51	24:18	29:47	35:11
(38)	305	Ángel Ronco	1993	03:24	08:51	14:22	20:07	25:43	31:09	36:41
5 Club: POR / Sport Lisboa e Benfica Result: 73 Rank: 5										
13	363	Ricardo Ribas	1977	03:12	08:11	13:15	18:20	23:27	28:38	33:58
18	366	Filipe Tiago Costa	1988	03:17	08:17	13:23	18:36	23:53	29:10	34:26
19	365	Rui Pinto	1992	03:14	08:12	13:16	18:28	23:54	29:18	34:31
23	367	Alberto Paulo	1985	03:16	08:16	13:23	18:38	23:54	29:18	34:35
6 Club: GER / SG Wenden Result: 116 Rank: 6										
21	349	Tim-Arne Sidenstein	1989	03:20	08:24	13:30	18:41	23:51	29:16	34:32
29	352	Simon Huckestein	1985	03:24	08:33	13:46	19:03	24:24	29:47	35:04
32	351	Nils Schäfer	1990	03:23	08:38	13:56	19:14	24:34	29:54	35:16
34	355	Christian Biele	1983	03:26	08:41	14:01	19:23	24:47	30:11	35:27
(36)	350	Sven Daub	1981	03:25	08:40	14:02	19:28	24:56	30:20	35:41
(43)	353	Marco Giese	1992	03:24	08:41	14:15	19:55	25:39	31:20	37:02
7 Club: GBR / Morpeth AC Result: 117 Rank: 7										
25	375	Timmins Lewis	1987	03:21	08:27	13:42	18:57	24:13	29:31	34:38
27	340	Carl Avery	1986	03:21	08:25	13:38	18:53	24:11	29:29	34:43
30	339	Adrian Whitwam	1975	03:23	08:35	13:52	19:10	24:32	29:51	35:06
35	341	Thomas Straughan	1987	03:23	08:33	13:46	19:05	24:33	30:02	35:31
(37)	338	Ross Floyd	1988	03:22	08:33	13:53	19:18	24:51	30:25	36:03
(39)	337	Sam Hancox	1995	03:23	08:36	14:05	19:43	25:26	31:09	36:41
8 Club: CZE / VSK Univerzita Brno Result: 156 Rank: 8										
22	371	Lukáš Olejníček	1988	03:19	08:24	13:39	18:53	24:12	29:30	34:33
41	370	Robert Míc	1992	03:27	08:52	14:24	19:57	25:36	31:16	36:51
46	374	Ondrej Rosa	1988	03:28	08:58	14:40	20:29	26:17	32:05	37:49
47	373	Ondrej Novotny	1992	03:29	09:03	14:44	20:33	26:25	32:14	38:04
(49)	369	Petr Kotyza	1970	03:40	09:32	15:33	21:36	27:43	33:54	39:54

# European Champion Clubs Cup Cross Country

Kastamonu (TUR) - 07 FEB 2016

## Teams Results - Senior Men

9		Club: SUI / LG Regio Basel				Result: 157					Rank: 9
Pos	Bib	Name	YOB	Lap1	Lap2	Lap3	Lap4	Lap5	Lap6	Time	
24	334	Andreas Kyburz	1988	03:20	08:26	13:38	18:53	24:11	29:29	34:35	
40	332	Ludwig Ruder	1991	03:25	09:02	14:33	20:10	25:44	31:20	36:46	
45	333	Nicolas Roditscheff	1984	03:30	08:58	14:33	20:14	25:56	31:40	37:18	
48	336	Kai Zähringer	1991	03:40	09:30	15:24	21:19	27:17	33:14	39:09	

10		Club: LUX / CAB				Result: 169					Rank: 10
Pos	Bib	Name	YOB	Lap1	Lap2	Lap3	Lap4	Lap5	Lap6	Time	
33	316	Pascal Groben	1977	03:20	08:29	13:50	19:11	24:34	30:01	35:21	
42	315	Vincent Nothum	1978	03:31	08:56	14:29	20:06	25:39	31:18	36:52	
44	318	Yannick Lieners	1988	03:27	08:54	14:27	20:04	25:49	31:35	37:14	
50	319	Joé Miller	1989	03:41	09:34	15:31	21:36	27:43	33:55	40:06	
(51)	317	Frazer Alexander	1981	03:37	09:34	15:30	21:48	28:07	34:27	40:54	